

FOOD MENU EVERY DAY

BITES

CHIPS & GUAC ... 17 **GF**

QUESADILLAS (3)

chihuahua, grilled flour tortilla, served with side of sour cream and pico ... 16
(pulled chicken +5, grilled chicken +7, skirt steak +12)*

CRAB RANGOON (7)

made fresh daily, fresh lump crab, sweet thai chili sauce ... 18 *limited quantity available*

NACHO BITES **GF**

individual homemade tortilla chips, refried beans, homemade guac, chihuahua, sour cream ... 13
(pulled chicken +5, grilled chicken +7, skirt steak +12)*

CHICKEN PARM EGG ROLLS
crispy chicken, mozzarella, vodka sauce ... 18

BIRRIA EGG ROLLS

beef birria, onion, cilantro, sauce to dip ... 18

TRADITIONAL WINGS (8) ... 18

BONELESS WINGS (12) ... 17

CHOICE OF WING SAUCE

traditional bbq, honey hot bbq, buffalo, kill bill
honey sriracha, garlic parmesan, lemon pepper

SANDWICHES

SERVED WITH seasoned waffle fries *(substitute any side +3)*

THE TUSCAN TURKEY

in house smoked turkey, prosciutto, harvati, sliced apple, arugula, basil pesto, focaccia bun ... 24

GRILLED CALI WRAP

grilled chicken, avocado, tomato, red onion, shredded lettuce, chipotle aioli, honey wheat wrap ... 18

CHICKEN MILANESE SANDWICH

pan fried chicken breast, pickled red onion, cherry tomato, arugula salad, torta bun ... 21

THE STEAKHOUSE SANDWICH

prime steak, garlic aioli, arugula, tomato, tuscan sammy roll ... 24

THEORY BURGER

two flat top patties*, american cheese, shredded lettuce, onion, pickle, brioche ... 17
sub cheese +1 (cheddar, pepperjack)

BUFFALO CHICKEN WRAP

crispy chicken, buffalo, shredded lettuce, shredded cheddar, tomato, side of ranch, honey wheat wrap ... 18

CARNE ASADA SANDWICH

asada, guacamole, pepperjack, chipotle aioli, pico, shredded lettuce, brioche ... 20

SALADS

MEDITERRANEAN

mixed greens, romaine, kalamata olives, tomato, cucumber, red onion, feta, pita, side of hummus ... 17

SOUTHWEST **GF**

mixed greens, romaine, roasted corn, black beans, avocado, tortilla strips, pico ... 14

CAESAR **GF**

romaine hearts, croutons, parmesan cheese ... 14

DESSERTS

COOKIE SKILLET

served with two scoops of vanilla ice cream and chocolate sauce ... 13

SIDES

WAFFLE FRIES ... 6.5

MAC + CHEESE ... 7

SWEET POTATO TOTS ... 7.5 **SIDE SALAD** ... 7

FRY