

BAR SNACKS

HUMMUS PLATTER ^{GF}

purple cauliflower, cherry tomato, cucumber, carrot, pita ... 15

CHIPS + DIP ^{GF}

queso ... 12 or guacamole ... 14

CRAB DIP

lump crab, old bay, orange peppers, tortilla chips ... 22

NACHO BITES ^{GF}

individual homemade tortilla chips, refried beans, homemade guac, pico, chihuahua, sour cream ... 14

(carnitas +5, pulled chicken +4, grilled chicken +6)

PRETZEL STICKS

served with queso and grain mustard ... 16

HOLY LOADED

choice of seasoned waffle fries or tots, topped with smoked chicken, queso, bacon, ranch ... 16

QUESADILLAS

chihuahua cheese, bell peppers, onion, flour tortilla, side of pico and sour cream ... 14

(carnitas +5, pulled chicken +4, grilled chicken +6)

WALKING TACO

ground beef, romaine, tomato, cheddar, salsa sour cream, served in a bag doritos ... 10

CHEESEBURGER SLIDERS (3)

merkt's cheddar, shredded lettuce, brioche bun ... 16

PULLED PORK SLIDERS (3)

smoked in house, dusted with bbq ... 16

SALADS

SOUTHWEST ^{GF}

mixed greens, romaine, roasted corn, black beans, avocado, tortilla strips, pico ... 14

MEDITERRANEAN SALAD

mixed greens, romaine, kalamata olives, tomato cucumber, red onion, feta, pita, side of hummus ... 15

DRESSING: champagne vinaigrette, herb vinaigrette, salsa ranch, ranch, bleu cheese, honey mustard, balsamic vinaigrette

(make it a wrap with fries +3, add carnitas +5, pulled chicken +4, grilled chicken +6)

DESSERTS

COOKIE SKILLET

served with two scoops of vanilla ice cream and chocolate sauce ... 12

^{GF} theory favorites ^{GF} gluten free upon request

FROM THE FRYER

BONELESS WINGS (10) ... 14

TRADITIONAL WINGS (8) ... 17

CHICKEN TENDERS ... 18

served with choice of tater tots or waffle fries

CHOICE OF SAUCE: bbq, buffalo, garlic parmesan, hot hoisin, kill bill

MAIN DISHES

*served with tots or waffle fries. sub any side ... 2

THEORY BURGER*

two flat top patties, american cheese, shredded lettuce, tomato, onion, pickle, brioche bun ... 16

SUBSTITUTE CHEESE:

cheddar, swiss, merkt's cheddar, pepperjack ... +1

TURKEY CLUB*

in house smoked turkey, bacon, cheddar, tomato, shredded lettuce, chipotle aioli, stacked multigrain ... 20

SPICY CHICKEN*

grilled chicken, grilled jalapeño, avocado, pepper jack cheese, shredded lettuce, brioche bun ... 19

TACOS (3)

bell peppers, tomato, onion, cilantro, corn tortilla, served with spanish rice, refried beans, salsa verde, pico de gallo ... 17

carnitas
chicken
veggie

fried avocado, bell peppers, grilled jalapeños and pineapple, roasted onion, corn, black beans, cilantro, chipotle aioli

MAC + CHEESE FLATBREAD

trust us, you'll love it! ... 18

WRAPS

BUFFALO CHICKEN WRAP*

crispy or grilled chicken, buffalo, shredded lettuce, shredded cheddar, tomato, side of ranch, honey wheat wrap ... 16

GRILLED CALI WRAP*

grilled chicken, avocado, tomato, red onion, shredded lettuce, chipotle aioli, honey wheat wrap ... 17

TURKEY WRAP*

in-house smoked turkey, swiss, bacon, tomato, avocado, shredded lettuce, honey mustard, honey wheat wrap ... 19

SIDE DISHES

WAFFLE FRIES ... 5

TATER TOTS ... 5

SWEET POTATO FRIES ... 6

HOUSE SALAD ... 5

romaine, spring mix, shaved carrot, tomato, cucumber, herb vinaigrette

MAC + CHEESE ... 6