

APPETIZERS

chips + queso 🍷 ... 12

chips + homemade guac ... 13

hummus

carrot, cucumber, red pepper, pita ... 13

pretzel sticks

served with queso ... 14

nacho bites

(pulled smoked chicken +4, steak +10)

individual homemade tortilla chips, black beans, homemade guac, pico de gallo, chihuahua, sour cream ... 12

taquitos

pulled smoked chicken, cheddar, mozzarella, pico de gallo, beans, sour cream, guac ... 15

BONELESS WINGS ... 13

WINGS ... 16

CHICKEN TENDERS ... 15

served with french fries

choice of sauce

buffalo • bbq • kill bill • garlic parm
general tso's • honey sriracha

MAIN DISHES

(served with a choice of tots, or fries. substitute any side ... 2)

carne asada 🍷

grilled skirt steak, pepper jack, guacamole, pico de gallo, chipotle aioli, brioche bun ... 20

theory burger

two flattop patties, american cheese, lettuce, tomato, onion, pickle, brioche bun ... 16

mask melter

cajun grilled chicken, grilled jalapeño, avocado, pepper jack cheese, romaine, brioche bun ... 16

mac & cheese bowl

add bacon +3, broccoli +3, buffalo chicken +4 ... 11

turkey wrap

house-smoked turkey, avocado, bacon, cheddar, tomato, romaine, honey mustard, wheat wrap ... 14

italian beef

italian beef, mozzarella, giardiniera, hoagie bun, side of au jus ... 16

rice bowl (chicken +6, steak +10)

choice of white or brown rice, general tso's sauce, carrot, broccoli, mushroom, pepper, onion, chili flake, garlic ... 12

SLIDERS (3 for ...16)

cheeseburger

american, brioche bun

bbq chicken

pulled smoked chicken, bbq

italian chicken

breaded chicken, marinara, melted cheese, brioche bun

buffalo chicken

breaded chicken, buffalo sauce, choice of ranch or blue cheese, brioche bun

FLATBREADS ... 16

mac + cheese

trust us, you'll love it!

margherita

tomato and basil

taco

refried beans, ground beef, pico de gallo, chihuahua, salsa verde, romaine, tortilla chips, crushed doritos

chicken parmesan

marinara, mozzarella, breaded chicken, parmesan

bbq chicken

smoked chicken, caramelized onions, bbq sauce, cheddar, mozzarella

SIDE DISHES

french fries ...4
tator tots ... 4

sweet potato fries ... 5
broccoli ... 5

quinoa hash ... 5

SALADS

(make any salad a wrap +3) pulled smoked chicken +4, grilled chicken +6, steak +10

southwest 🍷

romaine, roasted corn, black beans, avocado, tortilla strips, pico de gallo, salsa ranch dressing ... 12

the chopper

chopped romain lettuce, cucumber, tomato, carrot, celery, red onion, corn, macaroni, bacon, feta cheese, herb vinaigrette ... 16

goat

baby spinach in raspberry vinaigrette topped with breaded cranberry goat cheese, candied walnuts, and caramelized pineapple ... 16

BRUNCH ALL DAY & NIGHT

amelia's skillet

omelette with tomato, broccoli, cheddar, avocado, white toast, served with quinoa hash ... 15

avocado toast*

two poached eggs, sourdough, avocado, feta, dried cranberries, served with quinoa hash ... 14

breakfast sliders (2)*

breaded chicken, sunny side egg, maple syrup, brioche bun, served with quinoa hash ... 16

blake's burrito

eggs, quinoa hash, broccoli, pico de gallo, cheddar cheese, queso, served with quinoa hash ... 15

egg sandwich

2 eggs scrambled, cheddar, bacon, avocado on brioche, served with quinoa hash ... 14

french toast

thick cut brioche, dipped in home-made batter and grilled, topped with powdered cinnamon sugar, butter, syrup ... 12

pancakes

housemade batter with chocolate chips, 3 per order ... 12
add fresh fruit +2

HEXE cold brew bottle ... 5

HEXE coffee ... 3

HEXE cold brew ... 5

DESSERTS

cookie skillet ... 12

*please allow 20 min cook time

🍷 staff favorites www.theorychicago.com



Please advise the restaurant of any dietary restrictions and allergies when dining in or placing a carry out order.

*Items can be served raw or undercooked or contain undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.