

## APPETIZERS

chips + queso 👍 ... 12

chips + homemade guac ... 13

### hummus

carrot, cucumber, red pepper, pita ... 13

### pretzel sticks

served with queso ... 14

### nacho bites

(pulled smoked chicken +4, steak +10)

individual homemade tortilla chips, black beans, homemade guac, pico de gallo, chihuahua, sour cream ... 12

### taquitos

pulled smoked chicken, cheddar, mozzarella, pico de gallo, beans, sour cream, guac ... 15

## BONELESS WINGS ... 13

## WINGS ... 16

## CHICKEN TENDERS ... 15

served with french fries

choice of sauce

buffalo • bbq • kill bill • garlic parm  
honey sriracha

## SOUPS

tomato ... 6

## MAIN DISHES

(served with a choice of tots, or fries. substitute any side ... 2)

### carne asada 👍

grilled skirt steak, pepper jack, guacamole, pico de gallo, chipotle aioli, brioche bun ... 20

### theory burger

two flattop patties, american cheese, lettuce, tomato, onion, pickle, brioche bun ... 16

### mask melter

cajun grilled chicken, grilled jalapeño, avocado, pepper jack cheese, romaine, brioche bun ... 16

### turkey wrap

house-smoked turkey, avocado, bacon, cheddar, tomato, romaine, honey mustard, wheat wrap ... 14

### mac & cheese bowl

add bacon +3, broccoli +3, buffalo chicken +4 ... 11

### italian beef

italian beef, mozzarella, giardiniera, hoagie bun, side of au jus ... 16

### rice bowl (chicken +6, steak +10)

choice of white or brown rice, general tso's sauce, carrot, broccoli, mushroom, pepper, onion, chili flake, garlic ... 12

## SLIDERS (3 for ...16)

### cheeseburger

american, brioche bun

### bbq chicken

pulled smoked chicken, bbq

### italian chicken

breaded chicken, marinara, melted cheese, brioche bun

### buffalo chicken

breaded chicken, buffalo sauce, choice of ranch or blue cheese, brioche bun

## FLATBREADS

### mac + cheese

trust us, you'll love it! ... 16

### bbq chicken

smoked chicken, caramelized onions, bbq sauce, cheddar, mozzarella ... 16

### taco

refried beans, ground beef, pico de gallo, chihuahua, salsa verde, romaine, tortilla chips, crushed doritos ... 16

## SIDE DISHES

french fries ...4  
tator tots ... 4

sweet potato fries ... 5  
broccoli ... 5

quinoa hash ... 5

## SALADS

(make any salad a wrap +3) pulled smoked chicken +4, grilled chicken +6, steak +10

### southwest 👍

romaine, roasted corn, black beans, avocado, tortilla strips, pico de gallo, salsa ranch dressing ... 12

### the chopper

chopped romain lettuce, cucumber, tomato, carrot, celery, red onion, corn, macaroni, bacon, feta cheese, herb vinaigrette ... 16

### goat

baby spinach in raspberry vinaigrette topped with breaded cranberry goat cheese, candied walnuts, and caramelized pineapple ... 16

## BRUNCH ALL DAY & NIGHT

### amelia's skillet

omelette with tomato, broccoli, cheddar, avocado, white toast, served with quinoa hash ... 15

### avocado toast

two poached eggs, sourdough, avocado, feta, dried cranberries, served with quinoa hash ... 14

### breakfast sliders (2)

breaded chicken, sunny side egg, maple syrup, brioche bun, served with quinoa hash ... 16

### blake's burrito

eggs, quinoa hash, broccoli, pico de gallo, cheddar cheese, queso, served with quinoa hash ... 15

### egg sandwich

2 eggs scrambled, cheddar, bacon, avocado on brioche, served with quinoa hash ... 14

### french toast

thick cut brioche, dipped in home-made batter and grilled, topped with powdered cinnamon sugar, butter, syrup ... 12

### pancakes

housemade batter with chocolate chips, 3 per order ... 12

\*fresh fruit available upon request

## DESSERTS

cookie skillet ... 12

nutella poppers ... 13

👍 staff favorites [www.theorychicago.com](http://www.theorychicago.com)