

## STARTERS

**chips + queso ... 10**

**chips + homemade guacamole ... 12**

**nacho bites ... 10**

chicken +2    steak +4

individual homemade tortilla chips, black beans, homemade guacamole, pico de gallo, chihuahua, sour cream

**smoked chicken quesadillas ... 15**

mozzarella, onion, pepper, honey wheat tortilla

**pretzel sticks with homemade queso ... 13**

**say cheese!** mac and cheese wedges + mozzarella sticks ... 12

served with ranch + marinara

**hummus with veggies + pita ... 11**

**grilled artichoke with garlic herb butter ... 14**

**mac & cheese flatbread ... 16**

trust us, you will love it!



## FROM THE FRYER

**wings ... 13**

ranch or bleu cheese

**boneless wings ... 11**

ranch or bleu cheese

**chicken tenders ... 13**

with fries or tater tots

**shrimp ... 15**

*suggested with kill bill*

**choice of sauces:** buffalo • bbq • honey bbq • honey sriracha  
general tso • garlic parmesan • kill bill



## TACOS

corn tortillas, 3 per order. add sour cream +50¢ **GF BY REQUEST**

**chicken ... 14**

bell pepper, jalapeño, tomato, cilantro, pico de gallo, homemade guacamole, salsa verde

**steak ... 16**

# SALADS

make any salad a wrap

## southwest ... 14

substitute steak +4

romaine, house-smoked pulled chicken, roasted corn, black beans, avocado, tortilla strips, pico de gallo, salsa ranch dressing

## grilled romaine caesar ... 14

substitute steak +4

romaine, grilled chicken, hardboiled egg, parmesan, croutons, caesar dressing

## tickled pink ... 14

add chicken +4

romaine, almonds, onion, strawberry, feta, poppyseed dressing, balsamic reduction

## summer seafood cobb ... 18

shrimp + crab salad, romaine, bacon, avocado, roasted corn, cucumber, tomato, egg



# BOWLS

## spinach pesto parmesan ... 14

smoked chicken, broccoli, marinated tomatoes, parmesan, quinoa, baby spinach, pesto vinaigrette

## rice + veggie ... 12

chicken +3

brown rice, carrot, broccoli, mushroom, bell pepper, onion, garlic, general tso

## pesto chicken caprese ... 14

grilled chicken, cillengini mozzarella, cherry tomato, basil, pesto

## mac & cheese ... 11

bacon +2 buffalo chicken +2 cajun shrimp +4

# SANDWICHES

add fries or tots +2

## carne asada ... 16

grilled skirt steak, pepper jack, homemade guacamole, pico de gallo, chipotle aioli, brioche bun

## turkey wrap ... 12

house-smoked turkey, avocado, bacon, swiss, tomato, romaine, honey mustard, wheat wrap

## theory fried chicken ... 14

chicken thighs, honey butter, slaw, giardiniera, brioche bun

## buffalo chicken ... 15

chicken thighs, homemade buffalo, romaine, tomato, onion, ranch

## mask melter ... 13

grilled chicken, cajun seasonings, grilled jalapeño, avocado, pepper jack, romaine

## carolina crab cake ... 16

fresh lump crab, mixed greens, marinated tomato, romesco

# BURGERS

add fries or tots +2

## flatten the curve burger ... 14

two flattop patties, american cheese, lettuce, tomato, onion, pickle

## hole in one burger ... 14

egg, avocado, bacon, american

## greek burger ... 15

mixed greens, tomato, cucumber, feta, balsamic, tzatziki

# SIDES ... 4

fries • tots • mac & cheese • broccoli • side salad

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# DESSERT

cookie skillet ... 9