




APPETIZERS


 **HERKY STICKS ... 12** **AN IOWA CITY FAVORITE!**
our version of a gummy's classic! homemade dough baked with italian seasonings, topped with mozzarella, cheddar and pepper jack cheeses, served plain or with pepperoni


 **HUMMUS ... 10**
served with cherry tomatoes, cucumber, peppers and warm pita



 **SOFT PRETZEL STICKS** with queso ... **12**

 **FRIED PICKLES** with chipotle aioli ... **10**

 **MAC & CHEESE WEDGES** with ranch dressing ... **9**

 **TOTCHOS ... 10**
tater tots topped with queso, jalapeño, pico de gallo, cheddar cheese, guacamole, and sour cream

   **NACHO BITES**
plain ... **11** chicken ... **12** steak ... **13**
homemade tortilla chips topped with beans, guacamole, pico de gallo, chihuahua cheese and sour cream


  **CHIPS +**
homemade guacamole ... **12**
homemade queso ... **11**
loaded queso ... **13**
homemade queso, guacamole and cajun ground beef

WALKING TACO ... 8 **AN IOWA CITY FAVORITE!**
a bag of nacho cheese doritos topped with ground beef, lettuce, tomatoes, sour cream, salsa and cheddar cheese

‘KILL BILL’ SHRIMP ... 15
crispy shrimp tossed in a “bang bang” thai-chili sauce

BUFFALO CHICKEN MAC & CHEESE ... 12
our version of the classic mixed with buffalo sauce and grilled chicken

BBQ NACHO BITES ... 13
slow-smoked bbq brisket, tater tots, chopped jalapeño and melted pepper jack, topped with pickled red onions

QUESADILLAS +
 **smoked chicken ... 14**
melted chihuahua cheese, onions and peppers in a flour tortilla

bbq brisket ... 14
slow-smoked brisket tossed in bbq sauce with melted chihuahua and cheddar cheeses, served in a flour tortilla


TENDERS + WINGS

CHICKEN TENDERS ... 11
choice of wing sauce,
served with fries or tater tots

BONELESS WINGS ... 11
served with fresh-cut carrots, celery
and ranch or bleu cheese dressing

WINGS sm ... 11 lg ... 18
served with fresh-cut carrots, celery
and ranch or bleu cheese dressing


SAUCE CHOICES • BUFFALO
BBQ • HONEY SRIRACHA
KILL BILL • GENERAL TSAO’S
GARLIC PARMESAN

served with fries or tater tots. substitute fried pickles or a side of your choice + \$2;
add cheese +50¢: american, bleu, provolone, cheddar, swiss, pepper jack, mozzarella;
 substitute gluten-free bun \$1

BURGERS + SANDWICHES

 **CHEESEBURGER ... 13**
 **TURKEY BURGER ... 14**
 **VEGGIE BURGER ... 13**

add bacon or fried egg ... +2

 **FRENCH ONION BURGER ... 15**
topped with mozzarella cheese, guinness-battered onion rings and garlic aioli, served on a pretzel bun

CHICAGO BURGER ... 15
topped with giardiniera, pepper jack cheese and marinara on a pretzel bun

HOLE IN ONE BURGER ... 15
flattop burger hollowed out with an egg,
topped with avocado, bacon and american cheese
on a brioche bun

CARNE ASADA ... 15
grilled skirt steak, pepper jack cheese, guacamole,
pico de gallo and chipotle aioli served on a toasted
brioche bun

THEORY BEEF ... 13
roast beef, provolone cheese and hot or sweet
peppers on a french roll, au jus on the side


CALI ... 13
grilled chicken with avocado, tomato, onion
and romaine, served on your choice of pita
or multigrain bread

BUFFALO CHICKEN ... 13
fried chicken breast tossed in buffalo sauce
with lettuce, tomato, onion on a brioche bun served
with your choice of ranch or bleu cheese

BLACKENED CHICKEN ... 12
blackened chicken with pepper jack cheese, lettuce,
pico de gallo and guacamole on a french roll

TURKEY WRAP ... 12
house-smoked turkey, avocado, tomato, lettuce, swiss,
bacon and honey mustard in a honey wheat wrap

THEORY CLUB ... 13
house-smoked turkey on multigrain with chipotle aioli,
swiss cheese, bacon, lettuce and tomato

 **PULLED ... 13**
house-smoked pork shoulder, pulled and smothered
in bbq sauce on a brioche bun with lettuce, tomato
and onion



CAJUN SHRIMP WRAP ... 16
cajun-spiced shrimp with lettuce, tomato and chipotle
aioli, served in a honey wheat wrap

DELUXE GRILLED CHEESE ... 11
american, cheddar, provolone and swiss
cheeses melted around crispy bacon, avocado
and sliced tomato

SALADS


FULL ... 14 **HALF ... 8** **IN A WRAP ... 14**
with fries or tater tots


add chicken ... +2 add shrimp ... +4

  **THE CHOPPER**
chopped romaine, cucumber, tomato, carrot, celery, red onion,
bell peppers, corn, macaroni and feta cheese, served with your
choice of dressing

TACO
romaine, cheddar cheese, pico de gallo, black beans, corn,
avocado, sour cream and your choice of seasoned beef or grilled
chicken served in a tortilla bowl (full size only)

CHICKEN CAESAR
crispy romaine, grilled chicken, shaved parmesan, homemade
croutons and classic caesar dressing

 **BUFFALO CHICKEN**
breaded or grilled buffalo chicken served on romaine with celery,
cherry tomatoes, red onion, cucumber and carrots, with your choice
of dressing

 **SOUTHWEST**
smoked and pulled chicken, roasted corn, black beans, fanned
avocado, tortilla strips and pico de gallo over greens tossed in a
salsa ranch dressing

DRESSINGS ranch, salsa ranch, caesar, honey mustard, bleu cheese
balsamic vinaigrette, herb vinaigrette (house), oil & vinegar

SLIDERS

3 FOR 12

OLIVER’S PULLED PORK
house-smoked pork shoulder
with bbq sauce

**ALEXANDER’S
BUFFALO CHICKEN**
breaded chicken in buffalo sauce
with ranch or bleu cheese dressing

BENJI’S CHEESEBURGER
served with american cheese
on a pretzel bun

SIDES

4
soup of the day (cup)
seasoned fries
sweet potato fries
tater tots
sautéed broccoli
side salad

FLATBREADS

BBQ CHICKEN
smoked chicken breast,
bbq sauce, caramelized
onion and mozzarella and
cheddar cheeses

CHICKEN PARMESAN
marinara with breaded chicken,
fresh basil and mozzarella and
parmesan cheeses

TACO
refried beans, ground beef,
pico de gallo, chihuahua
cheese, salsa verde, lettuce
and crushed tortilla chips

SUPREME
marinara, peppers, onions,
pepperoni, sausage and
mozzarella cheese

12" PIZZAS

 **MAC & CHEESE ... 16**

 **MAKE YOUR OWN ... 13**

our traditional hand tossed dough makes for the perfect crust
(gluten-free dough available upon request)

50¢ each: mushrooms , jalapeños, tomatoes, mixed bell peppers,
red onion, garlic **1.50 each:** sausage, pepperoni, ground beef,
bacon, house-smoked chicken

TACOS

3 per order. served with pico de gallo, guacamole
and salsa verde. add sour cream +50¢

 **CHICKEN ... 12**  **STEAK ... 14**

tri-bell peppers, jalapeños, tomato and cilantro

  **VEGGIE ... 12**

fresh corn, roasted red peppers, mushrooms, broccoli, tomatoes and
black beans sautéed in EVOO, topped with avocado and feta cheese

SHRIMP ... 14

crispy shrimp, corn and jalapeño salsa and garlic aioli

FISH ... 15

guinness-battered cod, fried and served with pickled red onions,
chopped romaine and chipotle aioli

LARGE PLATES

 **BABYBACKS ... 17** **A HOUSE SPECIALTY!**

half slab rubbed, smoked in-house and served with our bbq sauce
and choice of fries and tater tots


FISH & CHIPS ... 15

guinness-battered cod with fries and side of tartar sauce

 **CHICKEN FETTUCCINE ... 15**

fettuccine and sautéed chicken tossed in a garlic white wine sauce,
topped with parmesan cheese and chopped tomato

DESSERT

 **chocolate chip** or **peanut butter** cookie baked in a
cast iron skillet and topped with vanilla ice cream

COCKTAILS

HOUSE BLOODY MARY with svedka vodka ... 9

BACON-INFUSED BOURBON BLOODY MARY ... 11

bloody mary fashioned with bacon-infused bourbon, worcestershire, salt, pepper, celery salt, old bay seasoning and a splash of guinness, garnished with bacon and pepper jack cheese


+ miller high life beer back ... 3

IN HEAVEN THERE IS NO BEER ... BUT THERE IS THIS ... 13

hendricks gin, elderflower liquor, muddled cucumber and fresh squeezed lemon served up

I DON'T THINK YOU READY FOR THIS JELLY ... 15

our take on a traditional whiskey sour, few bourbon mixed with fresh squeezed lemon, simple syrup and blueberry jam

 SLOW & LOW OLD FASHIONED ... 10

orange and honey infused american rye whiskey, muddled orange and cherry, splash of soda water and a dash of angostura bitters

ANGRY NERD ... 12

ketel one citroen, ruby red grapefruit juice, ginger ale and fresh squeezed lime

'DA BLOOM ... 10

svedka peach with raspberry and peach purées, lemonade and a prosecco floater

BLAME IT ON THE GOOSE ... 12

grey goose vodka, lemonade and fresh raspberries

THEORYADE ... 11

svedka cherry, soda, sierra mist, sour and fresh squeezed lime


THE SUFFERING BASTARD ... 16

whistle pig rye whiskey, gin, fresh lime juice, ginger beer and a dash of bitters over ice garnished with an orange slice

BEER

DRAFT		pint / pitcher
allagash white	...	7 / 26
ballast point grapefruit sculpin ipa	...	8 / 32
bell's two hearted	...	7 / 26
blue moon	...	6 / 22
boulevard unfiltered wheat	...	6 / 22
coors light	...	5 / 18
crispin pacific pear	...	6 / 22
delirium tremens (11.2oz)	...	12
deschutes fresh squeezed IPA	...	7 / 26
fat tire	...	6 / 22
goose island 312	...	6 / 22
goose island green line	...	6 / 22
guinness	...	6 / 22
lagunitas ipa	...	7 / 26
lagunitas lil sumpin' sumpin'	...	7 / 26
miller lite	...	5 / 18
modelo especial	...	6 / 22
new holland dragon's milk	...	11 / 40
not your father's root beer	...	11 / 40
off color apex predator	...	7 / 26
pacifico	...	6 / 22
revolution anti-hero ipa	...	7 / 26
rogue dead guy ale	...	7 / 26
stella artois	...	6 / 22

SEASONAL/ROTATING*	
founders	... 6 / 22
great lakes	... 7 / 26
*ask your server for details	


DOMESTIC BOTTLES	
budweiser	... 5
bud light	... 5
coors light	... 5
leinenkugel's grapefruit shandy	... 6
michelob ultra	... 5
miller high life	... 5
miller lite	... 5
 widmer omission pale ale	... 6

IMPORT BOTTLES	
amstel light	... 6
beck's (n/a)	... 6
corona / corona light	... 6
pilsner urquell	... 6

CIDERS	
smith & forge (16oz can)	... 6
strongbow (14.9oz can)	... 8
tieton apricot cider (500ml)	... 9
virtue michigan harvest cider	... 7

CANS	
4hands chocolate milk stout (12oz)	... 7
gingerhead moscow mule (12oz)	... 8
half acre daisy cutter (16oz)	... 8
hamm's (16oz)	... 4
pbr (16oz)	... 4
revolution fist city (12oz)	... 6
stiegl grapefruit radler (16oz)	... 8
tocayo (12oz)	... 6
wells banana bread (11.2oz)	... 7

CRAFT	
5 rabbit super pils	... 6
ballast point victory at sea	... 8
clown shoes clementine white	... 7
deschutes black butte porter	... 6
dogfish head 60 minute ipa	... 7
henry's hard cherry cola	... 6
lagunitas censored "the kronik"	... 8
left hand milk stout nitro	... 8
magic hat #9	... 6
sierra nevada pale ale	... 7

 BUCKETS OF FUN

5 domestic bottles + 200ml bottle of patrón (approx. 5 shots) ... 65

bucket of mionetto—5 mix + match ... 45

WINE

SPARKLING WINE		glass / bottle
mionetto moscato	...	10 split
mionetto prosecco	...	10 split
mionetto rosé	...	10 split
veuve clicquot	...	135 bottle

WHITE & ROSÉ		glass / bottle
house white	...	9 / 36
jordan chardonnay	...	75
brancott sauvignon blanc	...	10 / 40
ruffino pinot grigio	...	9 / 36
ferrari carano chardonnay	...	12 / 48
kim crawford sauvignon blanc	...	13 / 52
whispering angel rosé	...	13 / 52

RED		glass / bottle
house red	...	9 / 36
terrazas malbec	...	10 / 40
conde de valdemar rioja tempranillo	...	10 / 40
coppola votre sante pinot noir	...	10 / 40
joel gott cabernet	...	12 / 48
meiomi pinot noir	...	12 / 48
mt veeder cabernet	...	90

DAILY SPECIALS

MONDAY

11AM–6PM \$8 burger (beef, turkey or veggie) + fries or tots

6–9PM \$9 cheese pizzas

soup of the day: creamy chicken & wild rice

TUESDAY

\$8 taco plate (3) (chicken, ground beef, pork or veggie)

soup of the day: chicken tortilla

WEDNESDAY

\$5 half salads

soup of the day: pasta fagioli

THURSDAY

\$8 any salad as a wrap + fries or tots

\$6 mac & cheese wedges

soup of the day: broccoli cheddar

FRIDAY

\$6 deluxe grilled cheese and tomato soup

soup of the day: tomato

SATURDAY

WEEKEND BRUNCH 10AM–2PM

soup of the day: chicken & dumpling

SUNDAY

WEEKEND BRUNCH 10AM–2PM

soup of the day: clam chowder

HAPPY HOUR

WE FEATURE DAILY HAPPY HOUR SPECIALS

ask your server for details

BEVERAGES

3 ... pepsi, diet pepsi, sierra mist, dr pepper, diet dr pepper, ginger ale, mug root beer, mountain dew, coffee, assorted tazo teas, lemonade, lipton brewed tea (unsweetened)

5 ... red bull, red bull sugar-free, red bull red, yellow or blue edition

THEORY

sport.dine.lounge.

CHILI
available
everyday